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Based Newspaper 218th Edition 25th February 2019

Australia Streaks Ahead To Be Renewables World Champion



Research from The Australian National University (ANU) has found that Australia is installing renewable power per person each year faster than any other country, helping it to meet its entire Paris Agreement emissions reduction targets five years early.

Lead researcher Professor Andrew Blakers said Australia was installing renewable power per capita several times faster than the European Union, Japan, China and the United States, based on preliminary data available for installations globally last year.

"The installation of

renewables in Australia last year really ramped up compared to these other major economies, and we expect that trend to continue this year and beyond," said Professor Blakers from the ANU Research School of Electrical, Energy and Materials

Engineering (RSEEME). "The electricity sector is on track to deliver Australia's entire Paris emissions reduction targets five years early, in 2025 – without the need for any creative accounting.

"Australia is on track to reach 50 per cent renewable electricity in 2024 and 100 per

cent by 2032. The Australian renewable energy experience offers real hope for rapid global emissions reductions to preserve a living planet." Co-researcher Dr Matthew Stocks said the net cost of achieving the 2030 carbon emission targets set in the Paris Agreement would be zero because expensive fossil fuels were being replaced by cheaper renewables.

"The price of electricity from large-scale solar PV and windfarms in Australia is currently about \$50 per Megawatt-hour (MWh), and steadily falling," Dr Stocks said. "

This is below the cost of electricity from existing gas-fired power stations and is also below the cost of new-build gas and coal power stations.

Nearly all of the new power stations are either PV or wind. We anticipate that this will continue into the future, provided that energy policy is not actively hindering development.

Co-researcher Bin Lu said stabilising a 100 per cent renewable electricity grid would be possible with technology that is already widely used in Australia, in addition to new smart energy systems that are being

developed for electricity grids.

"We can do this with energy storage, demand management and strong interstate connection using high-voltage transmission lines to smooth out the effect of local weather," Mr Lu said.

"By far the leading storage technologies are pumped hydro and batteries. Australia's coal power stations are old and are becoming less reliable, and transition to a modern renewable energy system can improve grid stability.

"Pumped hydro ener-

gy storage sites such as Snowy 2.0 require pairs of reservoirs at different altitudes, in hilly terrain and joined by a pipe with a pump and turbine.

Water is pumped uphill when wind and solar energy is plentiful, and electricity is available on demand by releasing the stored water through a turbine. A report on the team's findings is available at: <http://re100.eng.anu.edu.au/news/2019-02-06.php>

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Hulk Power Lifter Pulls 2 Ton Jeep Off Injured Man

POWER LIFTER: RYAN BELCHER AGE 29, AND HIS WIFE, VANESSA BELCHER, OF BELLEVILLE USA

Ryan Belcher is used to moving heavy weight. He said he's squatted 950 pounds, bench-pressed 530 pounds and dead-lifted 800 pounds in competition.

However he's never lifted a two-ton vehicle in a life-or-death situation.

But when he heard a loud smash outside his Gym about four thirty on Thursday in Michigan Avenue near Ridge Road in Ypsilanti Township USA after calling 911 he ran outside and could see a man trapped under a rolled Jeep SUV Car.

There were about 4 other bystanders who were frantically trying to lift the vehicle off the man but they could not budge it at all.

He ran over and just instinctively grabbed the car through a broken window and heaved the car up and pushed with all his strength making it possible for the other people at the accident to pull the man to safety.

Belcher leveraged

his 350-pound body and shoved with all his might. The Jeep began to move.

Ryan Belcher estimates he turned the wrecked vehicle about one to three feet. By then, medics had arrived and were able to rescue the man.

Later Ryan Belcher said he didn't realize how significant the injuries suffered by Mr. Tinsley were, or how crucial his actions were to saving the man's life.

This giant Hulk of a man is simply humbled and just glad he was there and that he could help free the trapped man.



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“When Health Is Absent, Wisdom Cannot Reveal Itself, Art Cannot Manifest, Strength Cannot Fight, Wealth Becomes Useless And Intelligence Cannot Be Applied.”

Quote By Herophilus The Father Of Anatomy Who Founded The First School Of Anatomy

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“Be Careful Of What You Constantly Think About Because You Will Constantly Keep On Attracting It”

Derek White © February 2019



Why Do I Always Get A Speeding Ticket?

Why Am I Always In Debt?

Why Do I Never Have Enough Money For School Fees?

Why Don't I Ever Have Enough Money?

Iconic Canadian Hospital Turned Into A Shelter For Homeless People And Their Pets



In Winter in Montreal it gets pretty darn cold so you would not want to be a homeless person or be a homeless person with a pet.

In Montreal at the present time 2019, there is an average homeless population of around 3,000 people.

The homeless population continues to grow as financial problems and other problems compound and as the overall general population naturally grows and unfortunately as a result there are going to be more homeless people.

As the homeless shelters fill up there is less and less space, so some caring people suggested that for this winter the famous old hospital became a temporary home for the homeless and their pets. It

has been empty for many years so this first project is part of a large redevelopment. Here is an insight into Montreal Weather in January

Montreal has cold, snowy winters. The overall average temperature is 21 degrees Fahrenheit (-6 degrees Celsius), but the sub-zero temperatures feel colder because of the wind chill factor.

The Average high: is 28 degrees Fahrenheit (-2 degrees Celsius)

The Average low: 14 degrees Fahrenheit (-10 degrees Celsius).

Having a pet is one of the ways a homeless person can be helped to come back to normality and having a home. To give donations please click [here:](#)



Learn To Play Banjo The EASY Way!

By Geoffrey White

Here Is Your First Free Lesson, Enjoy



Pick-Hammer intro part 1

Phone Geoffrey For Lessons In Sydney On: 0434 544 181
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Learn the NEW STYLE of easy-to-learn banjo..."Pick-Hammer". Pick-Hammer was developed many years ago out of the frustration in learning other banjo styles.

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Success Stories

Micky says: "What took me 4 years with another teacher I learned in 4 weeks with Geoffrey! Highly recommended."

Karen says" "As a woman of plus 50 years with no musical ability other than a long held passion to play banjo, it was extremely difficult for me to find a teacher.

My guardian angel was guiding me the day I stumbled on Geoffrey White on the internet. Geoffrey is an amazingly patient and supportive teacher.

His method is ideal

for beginners because, while learning all the necessary basic skills, you are actually learning to play a tune and produce the wonderful banjo sounds which originally sparked our passion for this beautiful instrument...

Geoffrey is helping me to realise my dream and I highly recommend him as a teacher to banjo lovers wanting to learn or improve their skills".

Pete writes: "I started my lessons with Geoffrey not knowing very much about the banjo I received as a gift for Christmas.

Through Geoffrey's patience and exper-

tise, I learned roll patterns, finger technique and by the end of our block of lessons, a whole tune! Couldn't have done it without his patience and banjo wisdom. Thank you!"

Click on the above FREE 15-minute LESSON and experience "Pick-Hammer" and have Geoffrey show you how easy it is to learn the banjo...call him for face to face lessons on 0434 544 181 or go to his website at www.dreamtreebanjos.com

Cheers, Geoffrey



Former Homeless Bus Driver Who Was Given A Second Chance After Hitting Rock Bottom Wins Award Because He Never Stops Smiling



If You Want No More Pain, Fly, Drive Or Catch The Train To Burwood Back Pain.

(Please Click Picture To Watch The Video)



Personal Testimonial From The Editor Of The Good News Newspaper.

NICK, CHRIS AND ALL THE FANTASIC STAFF AT BURWOOD BACK PAIN HAVE BEEN MY SAVING GRACE AND GUARDIAN ANGEL'S FOR MANY YEARS.

Years ago after a very serious lower back collapse when I was bent over and doubled up in serious

pain, Nick, Chris and all the staff cared for me so well that between them they kept me from having to spend the rest of my life in a wheelchair.

Since then they have rescued me from quite a number of serious spinal and neck problems. I cannot recommend them all highly enough. Derek White.

Everything Is Connected. If One Thing Is Out Of Alignment, It Can Likely Affect Something Else.

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We Cannot Solve The Problems We Have In The World Using The Same Thinking That Created Them



How is it that in 2019 with so much technology and countless Billions and Trillions of dollars available that there is still widespread poverty in so many places in the world with people living day to day on almost nothing?

What is the thinking that has been used that has lead to the creation of this wide spread poverty?

Let's not go into a big negative critical attack on anyone which is completely pointless as all it will do is create more hostility and we don't need anymore of that do we?

A project has been created that can be used in any country step by step to help solve these problems of poverty and all the other problems that come from poverty in the world.

It is called "Wealth For The Workers".

Using and implementing this program on a gradual basis could very possibly erase at least some of the major poverty in the world.

For anyone that is interested in finding out more who has an interest in solving this problem please contact Derek The Editor at The Good News Newspaper at: info@thegoodnewsnp.com.au



Problem
Analysis
Solution



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Appointments

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Orthodontic Treatments

Orthodontic Plates, Braces and Invisalign. Childrens Dentistry

Mouthguards, Fissure Sealants, Fillings and Preventive Treatment. Surgical Dentistry

Implants, Surgical Extractions and Wisdom Tooth Extractions.

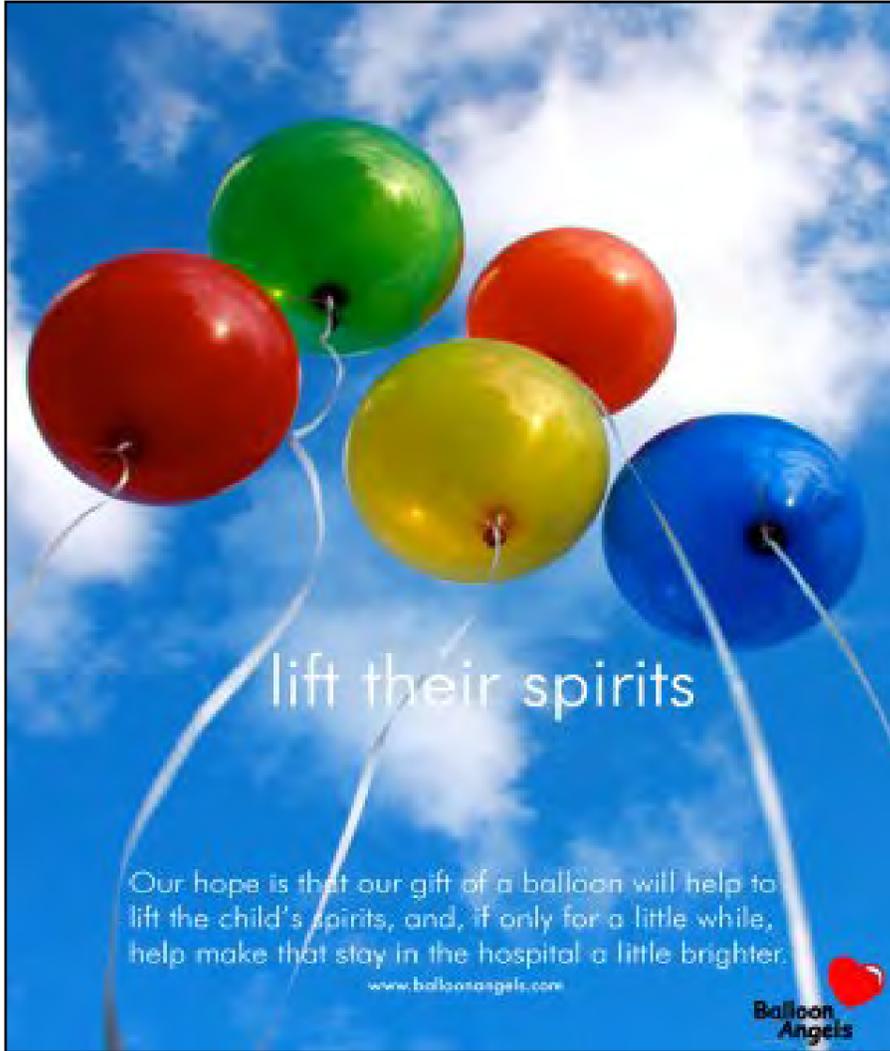
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Dow Strengthens Indonesia's Plastics Waste Management Efforts By Turning Plastic Into Roads So It Doesn't End Up In The Oceans

Dow Jakarta, Indonesia - December 20, 2017 - - With a goal to reduce marine debris and advance a circular economy, Dow Packaging and Specialty Plastics (P&SP), a business unit of The Dow Chemical Company, has announced a joint effort with The Indonesian Aromatic & Plastic Olefin Industry Association (INAPLAS);

Indonesia Plastic Recycling Association (ADUPI); PT Polytama Propindo (Indonesia PP Manufacturing); the Bandung Institute of Technology (ITB) and the Indonesian government to further develop the country's environmentally friendly plastic road building project.

Aimed at helping the Indonesian government reach its goal of reducing plastics waste in the ocean by 70 percent by 2025, ADUPI will continue to provide the necessary plastics waste material, and together with Dow's technology expertise, will work with various stakeholders to turn that waste into sustainable roads.

At the recent United Nations Environment Summit held earlier this month, plastics waste contamination is now recognized as a planetary issue with much of the world's marine ecology un-

der threat. According to research, plastics waste in Indonesia is estimated to reach 9.52 million tons by 2019, or 14 percent of the country's total waste. This amount of plastics waste could be used to pave an equivalent of 190,000 kilometers of new roads.

"Companies do not make plastics with the intent of it ending up in the ocean, and we acknowledge the strong role the industry must play in order to help eliminate ocean plastic waste by 2035," said Bambang Candra, Asia Pacific Commercial Vice President, Dow Packaging and Specialty Plastics. "We are extremely pleased with the success of this project and what it promises.

The technology behind these new plastic roads has proven simple enough for wide scale application in Indonesia's transport infrastructure. We are confident it will help manage the sheer volume of plastics waste the country produces."

The first plastic road trial was completed in Depok city, West Java, Indonesia, in Q3 of 2017. It saw 3.5 metric tons of plastics waste material mixed into asphalt to create a 1.8 kilometer long proof of concept, which covered a total area of 9,781 square meters. The result of the two-



month long project was a highly resistant plastics waste road that was more durable and stronger than typical roads. While still undergoing further testing at the PUSJATAN (National Centre of Road and Bridge Construction), the project has been identified by Indonesia's Coordinating Ministry for Maritime Affairs as one of national importance.

The success of this project furthers Dow's 2025 Sustainability Goals to advance a circular economy by delivering solutions to tackle environmental issues, raise awareness on recycling and reuse of plastics and create a sustainable business environment for plastics producers and consumers alike.

About Dow Packaging and Specialty Plastics

Packaging and Specialty Plastics, a business unit of The Dow Chemical Company (Dow), combines core strengths of R&D, worldwide reach, broad product lines and industry expertise to deliver innovative and sustainable solutions for plastics.

The business is one of the largest polyethylene producers in the world, and a leading collaborator across the value chain on the development of new technologies and applications for high growth markets in packaging, health & hygiene, transportation, consumer, and infrastructure.

About Dow

The Dow Chemical Company (Dow) combines science and technology knowledge to develop premier materials science solutions

that are essential to human progress. Dow has one of the strongest and broadest toolkits in the industry, with robust technology, asset integration, scale and competitive capabilities that enable it to address complex global issues.

Dow's market-driven, industry-leading portfolio of advanced materials, industrial intermediates, and plastics businesses deliver a broad range of differentiated technology-based products and solutions for customers in high-growth markets such as packaging, infrastructure, and consumer care.

Dow is a subsidiary of DowDuPont (NYSE: DWD), a holding company comprised of Dow and DuPont with the intent to form three strong, independent, publicly

traded companies in agriculture, materials science and specialty sectors. More information can be found at www.dow.com.

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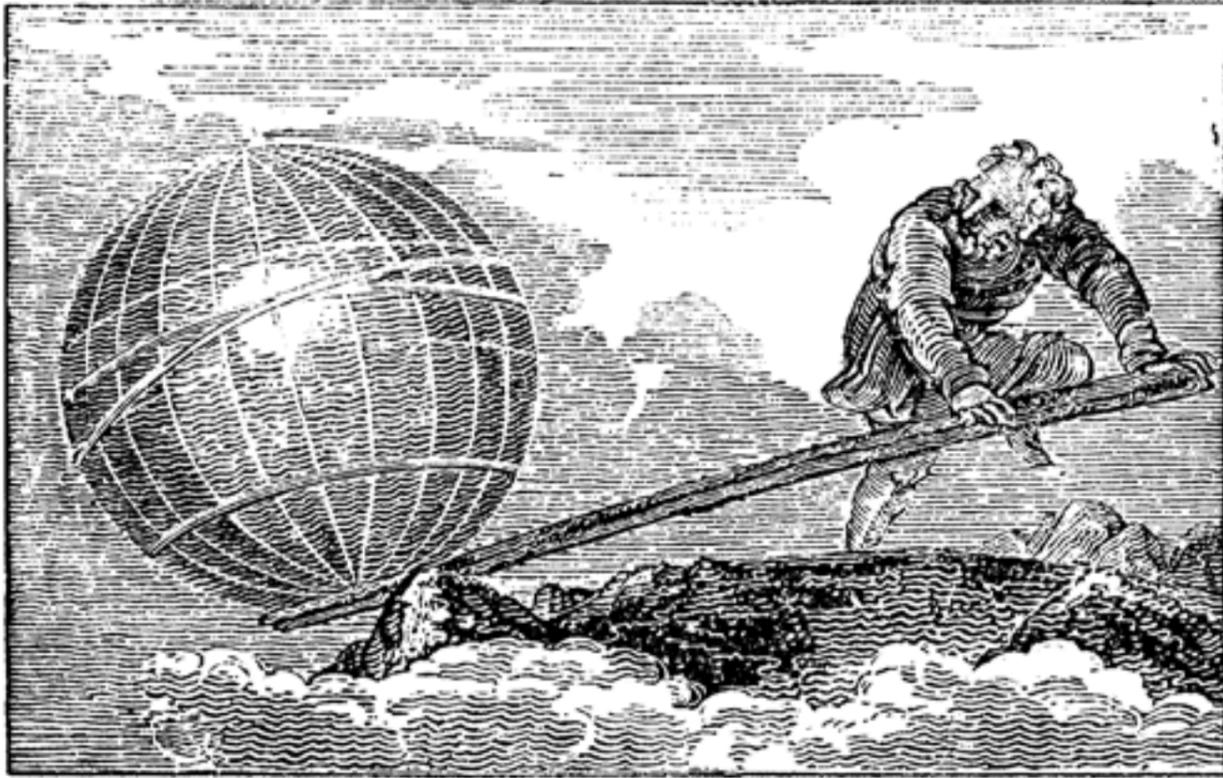
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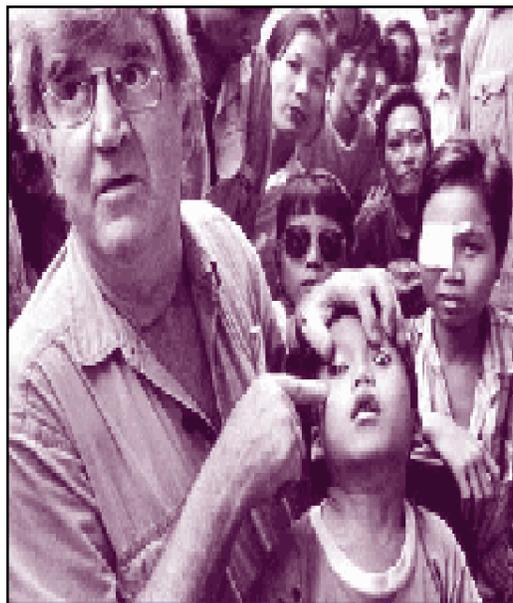
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\$3.30 per week subscription we can take on larger and larger projects. Imagine this, with 500,000 weekly subscriptions we could donate approx. \$31 million dollars a month to worthwhile causes. At the end of each month after taking out our running costs and paying taxes we give half of what we collect to other worthwhile projects. This way using the idea of leverage from Archimedes where every reader in the world can be part of a massive worldwide movement to help heal the world. All the good news stories that we all create and the donations we make will be put into the Newspaper each week and month. How truly exciting!



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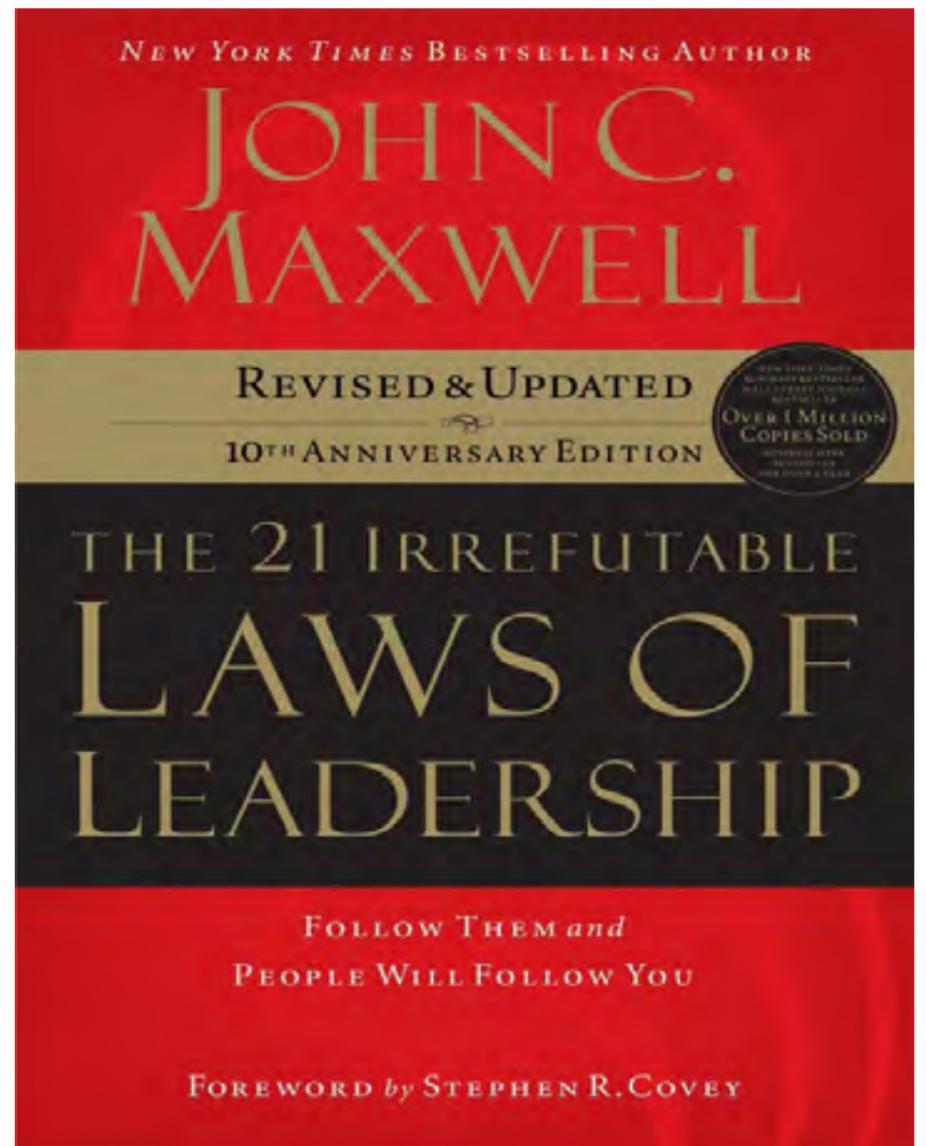
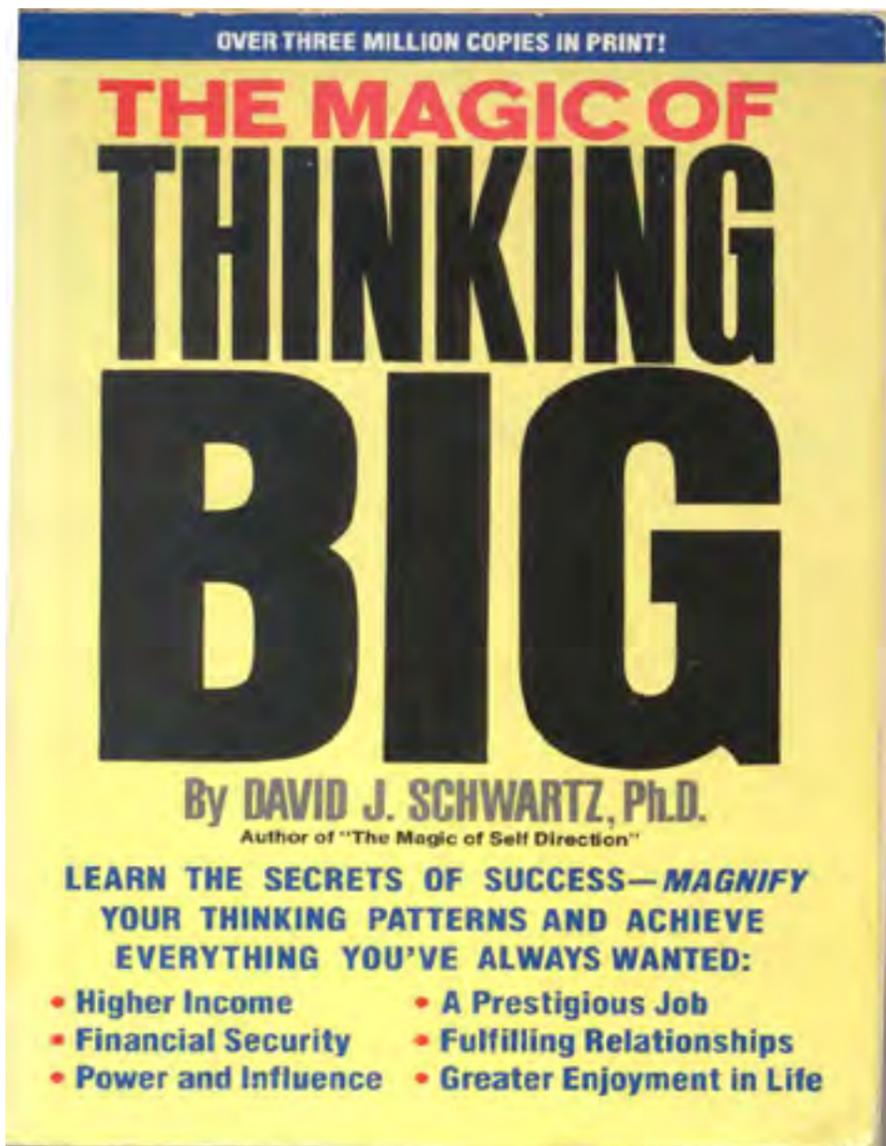
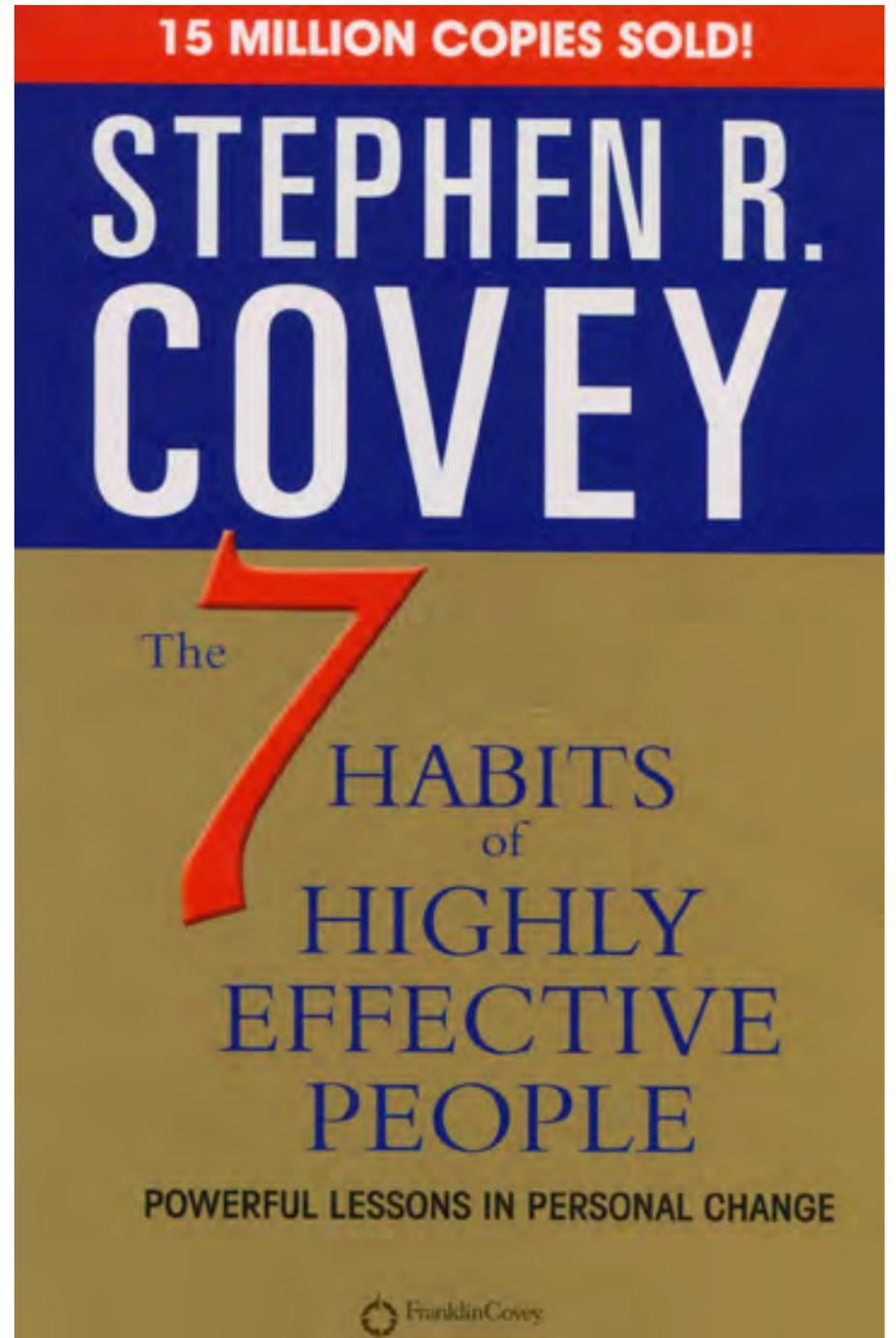
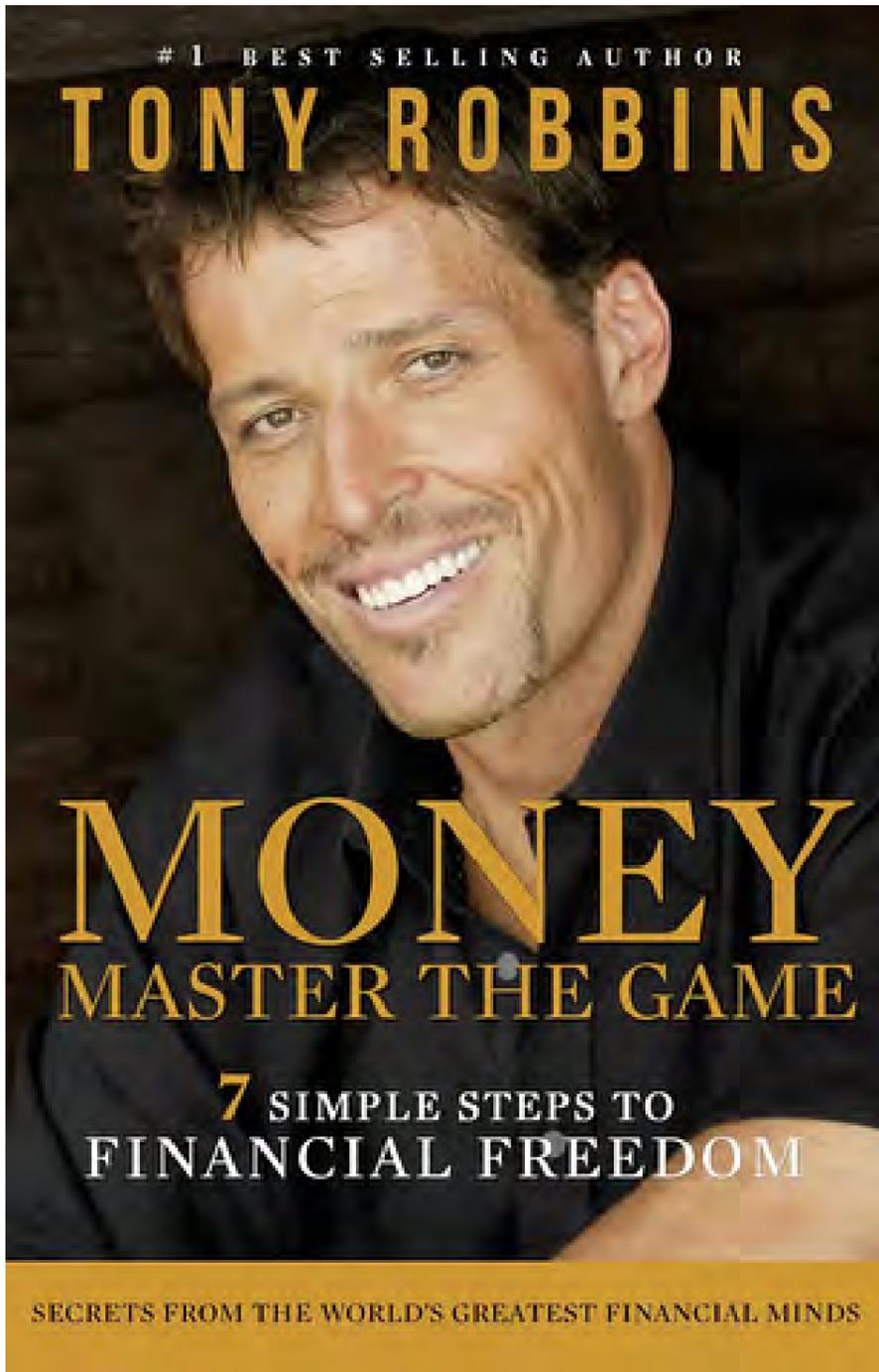
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Highly Recommended Reads For 2019



Alstom And Eversholt Rail Unveil A New Hydrogen Train Design For The UK



7 January 2019 – Alstom and Eversholt Rail have unveiled the design of a new hydrogen train for the UK market.

The train, codenamed 'Breeze', will be a conversion of existing Class 321 trains, reengineering some of the UK's most reliable rolling stock, to create a clean train for the modern age. These trains could run across the UK as early as 2022, emitting only water and no harmful emissions at all.

The rolling stock conversion will be carried out by Alstom, working in partnership with Eversholt Rail and building upon an established business relationship spanning over 15 years and across multiple rolling stock fleets.

This proven and reliable Class 321 is an excellent fit in terms of characteristics, fleet

size and availability for conversion to a Hydrogen Multiple Unit (HMU).

Alstom and Eversholt Rail are working closely with industry stakeholders to develop the business cases and evaluate detailed introduction plans for fleets of these innovative trains and the associated fuelling infrastructure.

Alstom and Eversholt Rail also confirmed that their initial, comprehensive engineering study is now complete, and the train design concept finalised.

The innovative technical solution defined is the first to allow a hydrogen train to fit within the standard UK loading gauge, and it will also create more space for passengers than the trains they are intended to replace.

The Alstom facility in

Widnes will manage the conversion of the Breeze trains, creating high quality engineering jobs in this new, emerging sector.

The news follows the introduction in September of Alstom's Coradia iLint hydrogen trains in Germany, where they now operate in regular passenger service on a daily basis.

There is growing interest in Alstom's hydrogen technology worldwide, including in France where the President of the Occitanie region, Carole Delga, recently announced a proposal to introduce the technology on trains there.

"Hydrogen train technology is an exciting innovation which has the potential to transform our railway, making journeys cleaner and greener by cutting CO2 emissions even further.

We are working with industry to establish how hydrogen trains can play an important part in the future, delivering better services on rural and inter-urban routes," said Andrew Jones MP, UK Rail Minister.

"Transport in the UK has evolved over centuries from the world's first steam train to the tens of thousands of electric vehicles on our roads today thanks to our nation of innovators.

This new hydrogen powered train, which will only emit water, is further proof of the UK's continued creativity to transform the way we travel as we continue to move to a greener, cleaner economy.

The UK is on track when it comes to growing a world-leading hydrogen economy, and through our modern Industrial Strategy

we are providing £23 million to power our ambition to be the 'go-to' place for first-class hydrogen transport," said Claire Perry MP, UK Minister for Energy and Clean Growth.

"The Breeze will be a clean new train for the UK with a stylish, modern look. The railways need to decarbonise and the Government has rightly set out a goal to eliminate diesel rolling stock by 2040.

Hydrogen trains offer an ideal solution for routes which are unlikely to benefit from electrification, and our innovative engineering solution means they can now fit within the UK loading gauge and can quickly be ready to roll on Britain's railways.

In Germany, Alstom's hydrogen trains are already transporting passengers in the comfort and quiet that

is characteristic of these trains.

The Breeze offers British rail users the opportunity to share in the pleasure that is a journey on a hydrogen train," added Nick Crossfield, Alstom UK & Ireland Managing Director.

"Eversholt Rail has an enviable record of innovation across its rolling stock portfolio. Combining the experience gained from the successful Coradia iLint and Class 321 Renatus programmes will deliver a hydrogen-powered multiple unit product that will meet sponsors' and train operators' aspirations for the earliest possible fleet introduction," added Eversholt Rail Client Relations Director Stephen Timothy.

Quote Of The Week!

SEE HOW YOU CAN APPLY IT TO MAKE YOUR LIFE AND OTHER PEOPLE'S LIVES BETTER.

As we grow up, we realize it is less important to have lots of friends and more important to have real ones

—Amanda McRae



Crosswords + Puzzles

CROSSWORD AND SUDOKU PUZZLES THANKS TO CATH ED OF TGNNP

TO KEEP YOUR MIND TUNED UP AND READY FOR ACTION.

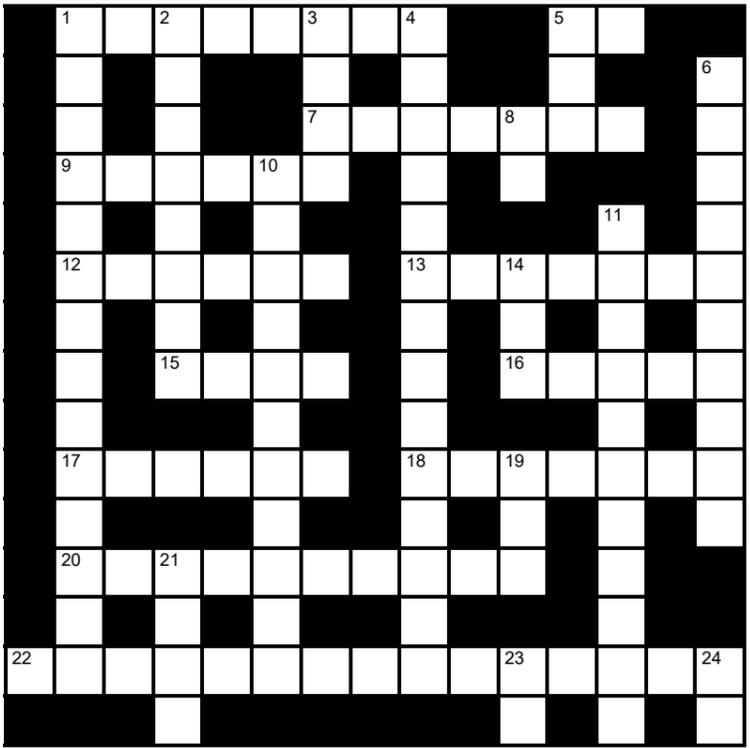
How Tuned Up Is Your Mind? Here Is This Week's 217th Edition Crossword.

Across

- 1 drove backwards (8)
- 5 exists (2)
- 7 catching fish (7)
- 9 lessen (6)
- 12 one part of a minute (6)
- 13 suggest (7)
- 15 fall over (4)
- 16 mature some fruit (5)
- 17 spoke back antagonistically (6)
- 18 moving to someone (7)
- 20 device for playing music (10)
- 22 agents (15)

Down

- 1 someone who takes the place of someone else (14)
- 2 a long bridge-like structure, carrying a road or railway across a valley or other low ground (pl) (8)
- 3 well protected (4)
- 4 let down over something (14)
- 5 pub (3)
- 6 outback (10)
- 8 on condition (2)
- 10 one hundredth of a metre (pl) (11)
- 11 look for differences between things (11)
- 14 belongs to us (3)
- 19 quick mind (3)
- 21 certain (4)
- 23 towards (2)
- 24 therefore (2)



217th Edition Solution.



The solution crossword puzzle contains the following words:

- Across: 1. REFRIGERATOR, 5. FAR, 7. WHEAT, 9. SCAM, 12. MINUTE, 13. SUGGEST, 15. FALL, 16. FRUIT, 17. SPOKE, 18. MOVING, 20. MUSIC, 22. AGENTS
- Down: 1. REPLACES, 2. VIADUCT, 3. WELLS, 4. LETS, 5. PUB, 6. OUTBACK, 8. ON, 10. CENTIMETRES, 11. LOOKS, 14. OURS, 19. QUICK, 21. CERTAIN, 23. TOWARDS, 24. THEREFORE



Crosswords + Puzzles

CROSSWORD AND SUDOKU PUZZLES THANKS TO CATH ED OF TGNNP

TO KEEP YOUR MIND TUNED UP AND READY FOR ACTION.

Sudoku

Easy 218th

				4			9	
7		8			2			
			6					1
4				3				
		2	5					
9	8						3	7
		6	3					
	3	5		9			8	4
								9

Medium 218th

7		9				1		2
		3	9				6	
							8	4
3		2		4				
		7		3	1	6	9	5
				8	2			1
		5	4					
	2		1					

Hard 218th

				6	8	7		
		4		7			3	
3			1					
6				5		3	9	
4							6	
	3				1			5
	1	5			3			8
							1	
9			2					

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217th Editions Week's Sudoku Solutions

Easy

7	6	4	1	8	5	3	2	9
2	3	1	9	4	6	7	5	8
9	5	8	7	2	3	6	4	1
3	8	9	5	1	7	2	6	4
6	4	5	2	9	8	1	7	3
1	7	2	3	6	4	9	8	5
4	2	6	8	3	1	5	9	7
8	1	7	6	5	9	4	3	2
5	9	3	4	7	2	8	1	6

Medium

5	9	2	3	7	4	6	1	8
1	8	4	9	2	6	7	5	3
7	6	3	5	8	1	9	2	4
6	3	7	4	1	2	5	8	9
8	1	9	7	5	3	2	4	6
2	4	5	8	6	9	1	3	7
4	5	6	1	3	7	8	9	2
9	7	1	2	4	8	3	6	5
3	2	8	6	9	5	4	7	1

Hard

5	3	6	4	9	8	2	1	7
9	8	4	7	2	1	3	5	6
2	7	1	3	6	5	9	8	4
7	2	8	6	1	4	5	3	9
4	5	9	2	7	3	8	6	1
6	1	3	5	8	9	4	7	2
8	6	2	9	3	7	1	4	5
3	9	5	1	4	6	7	2	8
1	4	7	8	5	2	6	9	3

Crosswords + Puzzles

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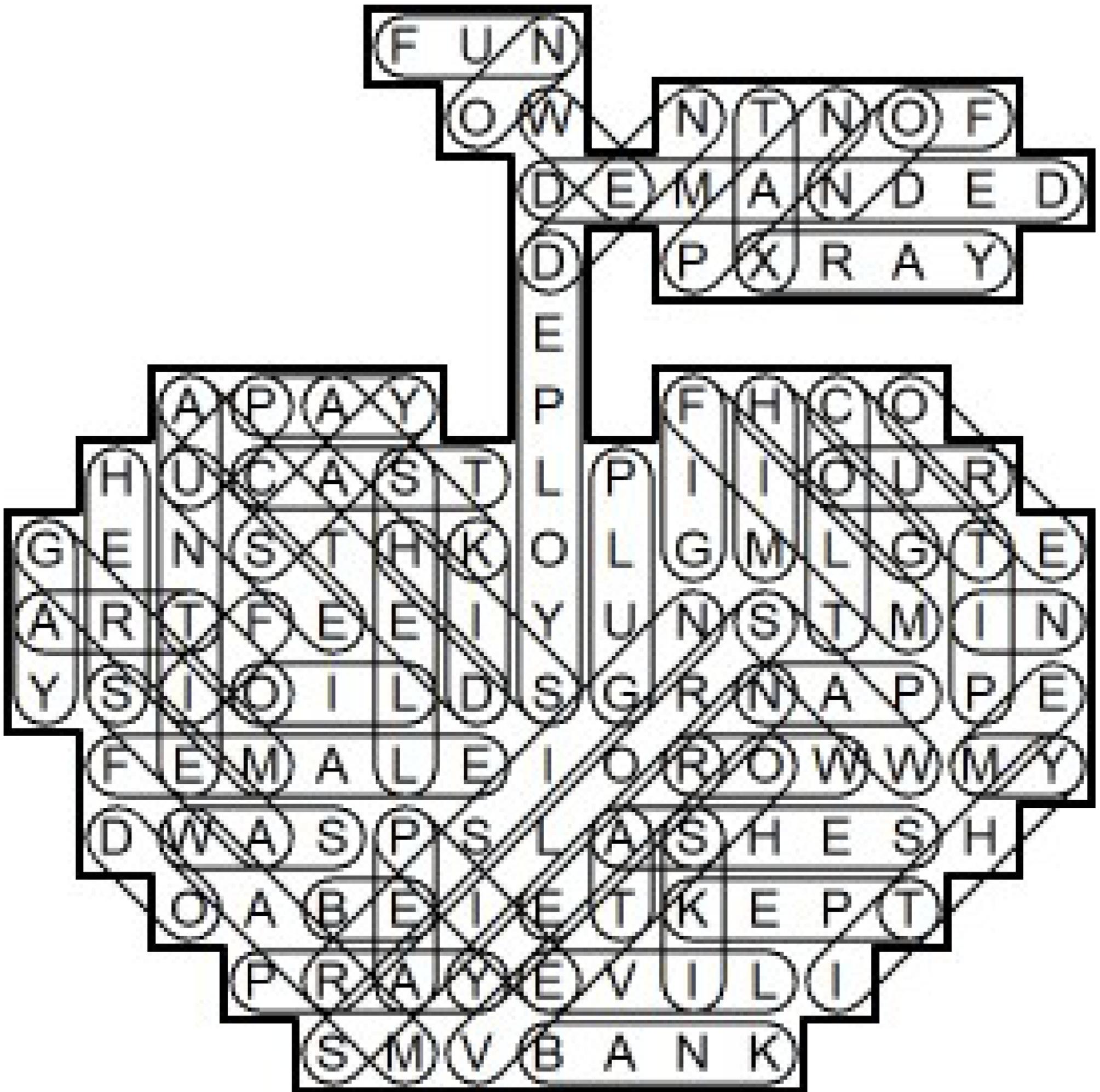
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A	P	P	A	L	C	A	W	T	V	I	A	P	E	N	N	Y	V	I	G	I	O	G	W	D	Y	I	E	T	T
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